

Take the Driver's Seat in Saving Your Healthcare Dollars

Be **Well** at Marvell

Help Marvell keep healthcare costs low when you and your family take advantage of various cost-saving tools!

Save and Go! Marvell's Healthcare Flexible Spending Account

- Put aside \$2,550 per year pre-tax to pay for out-of-pocket healthcare expenses you, your spouse and eligible dependents incur.
- Pay for eligible expenses using your FSA debit card, or request reimbursement through your online WageWorks account or by taking a picture on your phone and submitting it through the WageWorks EZ Receipts app.

Remember: Elect your 2017 Healthcare FSA contribution amount during Open Enrollment. **Also, remember that your previous year's elections do not roll over.**

You can also enroll in a Dependent Care FSA to save on childcare and eldercare expenses. Visit www.marvellbenefits.com for more information.



Slow Down and Consider Generic Prescriptions

With the rising costs of prescription drugs, it's important to understand your choices.

Your Greatest Value is a Generic Drug (if available).

According to the FDA, "a generic drug is identical to a brand-name drug in dosage form, safety, strength, quality, performance characteristics and intended use." (Generic drugs are Tier 1 drugs under the Anthem and Kaiser Plans and have the lowest copayment.) Ask your doctor about generic drug options. Visit www.fda.gov.

When prescribed a brand-name drug, ask for **brand formulary drugs**—brand-name drugs that generally are more affordable. (These are Tier 2 drugs on the Anthem Plan and have a lower copayment than a brand non-formulary drug.)

Save even more on prescription medication by enrolling in the Mail Order Supply program. Under the Mail Order Supply program, pay a copayment for a 60-day supply and receive a 90-day supply of prescriptions under the Anthem Plans or a 100-day supply under the Kaiser Plan.





Need Care? Don't Know Where to Go?

MARVELL®

We understand that life happens. When you or a family member has a health issue, Marvell wants you to know where to find the best care.



Anthem and Kaiser members

Visit a hospital emergency room when you experience a life-threatening injury or symptom, such as a sudden loss of consciousness or chest pain.



Anthem and Kaiser members

Visit an urgent care center when you have a flu, high fever or a not life-threatening condition.



Anthem and Kaiser members

Take advantage of routine physical exams to evaluate overall health for you and your family.



Anthem members

Free! Log on to LiveHealthOnline.com to see a doctor about not life-threatening issues.



Kaiser members

Free! Call the Kaiser Advice Line (number located on back of your ID card) to speak with a nurse or doctor about not life-threatening issues.

Attention Anthem Members!

Let's Navigate! Make Smarter Healthcare Decisions with Castlight.

Estimate prices for doctors and locate medical facilities and services to make the most of your healthcare spending in 2017. Castlight is provided FREE of charge to employees and their family members who are enrolled in an Anthem medical plan through Marvell.



For more information, visit www.marvellbenefits.com and find the "Controlling Healthcare Costs" page under the "Health and Welfare" tab.