



# Video Visits

a picture is worth a thousand words

**For your next appointment, you may be offered a video visit.**

- Convenient access from your home or office
- Secure and easy way to visit your doctor
- Saves travel expense and time

Connect with your doctor securely over the Internet using your computer and webcam, or with your iPhone®, iPad®, Android phone or tablet computer.

Visit [kp.org/mydoctor/videovisits](http://kp.org/mydoctor/videovisits) for more information.